

Trauma Responsive Play



March 25, 2026 | 9:00 am - 12:30 pm



We've responded to your feedback: We are bringing you a new version of Trauma Responsive Play with even more activities and skills that you can introduce directly into your practice or parenting.

This training will build on the known impacts of trauma to help you reach and engage children, facilitate healing, and stimulate healthier, more responsive relationships between parents and kids after adversity. It will offer the structure and skill professionals and parents need to understand and leverage playful moments to enhance secure

bonding, build emotion regulation, and increase our ability to manage children's stress responses calmly and effectively.

After this highly interactive training, you'll walk away with a deeper understanding of how play-based supports for trauma in early and middle childhood can provide a second language of play – which is really the child's first language – through which they can express, work on, and release traumatized patterns and strengthen their most important caregiving relationships.

Join us to learn key strategies for balancing a child's stress response system so they can look to the future feeling more capable, worthy, and secure in themselves and the key figures in their life.

TOPICS COVERED:

- The science of stress and the healing properties of play
- Insights from research on play therapy and trauma-informed care
- How playful practice can become a "way of being" with children
- Strategies to rebuild and rewire safety and connection
- Self-regulation strategies for children and adults



GEORGIE WISEN-VINCENT
*Head of Faculty,
Playstrong Institute*

Details

Cost: \$85; \$70 early bird (until 02/25/26)
Location: Live training via Zoom. Zoom link and extra details will be sent out a week prior to the training date.

Continuing Education

For each training, 3 CE credits are available for an additional \$30. Echo is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for MFTs, LCSWs, LEPs, and LPCCs. Echo maintains responsibility for all programs and their content.

Contact Us

For additional requests, accommodations, questions, or grievances about this training contact us at training@echotraining.org or (213)484-6676.