Parenting Weekend Intensive

April 4 - 5, 2020  |  9:00 am - 4:00 pm

Parenting is one of the most creative and exhausting jobs you’ll ever have. Sometimes you’ll find yourself saying or doing things to your child you swore you would never do.

Our 12-hour parenting intensive draws on the latest scientific research on brain and child development, as well as the effects of childhood toxic stress. Discover how to communicate in ways that deepen your relationship with your child and begin to model the skills that are proven to help your child succeed at school, have more rewarding relationships and enjoy a longer, healthier life.

You will learn how to:

• Develop emotional intelligence
• Communicate and stay connected when there is conflict
• Set clear, respectful limits
• Find the love and empathy you need for yourself and your child
• Use regulation skills to stay emotionally grounded
• Recognize the impact of childhood toxic stress and generational trauma on the body and brain
• Build resiliency

Participants need to attend the full workshop on both days. Childcare will not be provided. Participants working with adoption/fostering agencies, please let us know if you need a letter verifying attendance.

Fees

$250/person or $380/couple
Registration deadline is 3/13/2020
Cancellation fees may apply; be sure to review our refund policies.

Time & Location

9:00 am - 4:00 pm, registration starts at 8:30 am
Echo Offices | 1000 Sunset Blvd #201 Los Angeles, CA 90026

Questions?

For additional requests, accommodations, questions, or grievances about this training contact Sofia Teodoro at steodoro@echotraining.org or (213) 484-6676 x326

Please note, the Weekend Intensive does not count toward the 20 classes required for a Certificate of Attendance.