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## AND STILL WE RISE! Survivors Becoming Empowered

LOS ANGELES | MARCH 11 & 12, 2020



Echo's 2020 conference will celebrate survivor resilience and empowerment.

Presenters are trauma survivors – many recognizable from recent high profile cases
– who bring survivor wisdom in addition to their professional talent and expertise.

Workshops will provide skills and knowledge to empower survivors so that we may
exercise greater power and control over our own lives and healing.



Echo is a 501c3 working with adult survivors of trauma. Our trauma and resilience workshops provide knowledge and skills to help survivors become empowered. We offer parenting classes to help those who maybe did not enjoy a safe, stable nurturing relationship with their own parent/s. We also train organizations and professionals in how to become trauma-informed and survivor-focused. Our infographics are free to download. Check out our website at www.echotraining.org

Believe in you!