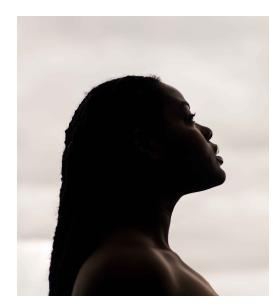
Trauma & Resilience Part I Training



September 4, 2019 | 9:00 am - 4:30 pm



Echo brings you a one-day training on trauma and resilience for trauma survivors and professionals working with survivors. It provides a solid grounding in the cutting-edge science behind trauma and resilience as applied through survivor wisdom and insight.

Did you know that childhood experiences can affect your physical health as an adult? That toxic stress makes us more sensitive to things like sound? Or that it affects learning and memory? That safe, stable nurturing relationships can heal trauma?

This training will cover:

- The impact of trauma on the body and brain
- Adverse Childhood Experiences Study
- Survival responses

- Impact of trauma on behavior and relationships
- Emotional regulation strategies
- Trauma-informed care

<u>Bundle Pricing:</u> Attend Trauma & Resilience Part I on September 4, 2019 and Trauma & Resilience Part II on September 12, 2019 for \$150!

Fees	Early Bird \$95, Standard \$125 Group fee is \$75 per person, there is a minimum of 3 people to qualify Partial scholarships available, visit our website for details
Time & Location	9:00 am - 4:30 pm, registration starts at 8:30 am The California Endowment, 1000 N. Alameda St., Los Angeles, CA 90012 Free parking is available at The California Endowment
Continuing Education	For each training, 6 CE credits are available for an additional \$30. Echo is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for MFTs, LCSWs, LEPs, and LPCCs. Echo maintains responsibility for all programs and their content.
For additional requests accommodations questions or grievances about this	

training contact us at training@echotraining.org or (213) 484-6676