

# Seeking Safety

An evidence based model for trauma and/or substance abuse



April 12, 2019 | 9:00 am - 4:30 pm

Training Facilitated by: Summer Krause, LPC, CADCI

Seeking Safety is an evidence-based program for counselors to help trauma survivors master the skills needed to reestablish basic physical and emotional safety. Originally developed to help those who are dealing with trauma and substance abuse, the techniques and information learned during this training can help anyone in need of stabilization after experiencing trauma and improve their coping skills. This training is designed for anyone; no license, degree, or prior training is required.

## Educational Objectives:

- Learn how to implement Seeking Safety with adults and/or adolescents
- Increase empathy and understanding of trauma and substance abuse
- Obtain assessment and treatment resources
- Review research and clinical issues in treating trauma and substance abuse

## If you are a LAC-DMH PEI Provider and are taking this training as part of the PEI Plan, you are required to:

- Attend entire training and sign-in and sign-out
- Read Seeking Safety's Frequently Asked Questions located on the Seeking Safety website
- Review the LAC-DMH PEI Seeking Safety Guidelines
- Bring a copy of the Seeking Safety Book; books can be purchased online or on the day of the training



## Fees

Training: \$160 | Book: \$55  
Register online or by mail, visit [www.echotraining.org/seekingsafety](http://www.echotraining.org/seekingsafety) for more information

## Book

The Seeking Safety book will be available for purchase on site (and pre-purchased books can be picked up) at the Registration Desk. The Seeking Safety book is highly recommended for all attendees and required by DMH. It is a 400-page manual that provides all you need to conduct Seeking Safety (clinician guide and client handouts).

## Time & Location

9:00 am - 4:30 pm, registration starts at 8:30 am  
Los Angeles Area Chamber of Commerce  
350 S Bixel St, Los Angeles, CA 90017

## Continuing Education

For each training, 6 CE credits are available for an additional \$30. Echo is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for MFTs, LCSWs, LEPs, and LPCCs. Echo maintains responsibility for all programs and their content.

**Continuing Education credit** is included in training fee and are available upon request during registration. Please note you must sign-in and out to receive a CE certificate. If you are interested in other types of CEs, there will be an extra charge of \$30. For a list of additional CEs, please see our website and be sure to list your discipline and license number in "Comments" when you register.

For additional requests, accommodations, questions, or grievances about this training contact us at [training@echotraining.org](mailto:training@echotraining.org) or (213) 484-6676