2019 Annual Conference
March 18 & 19, 2019 | 9 am - 4:30 pm
Los Angeles

Trauma Recovery
Community Evidenced Practices

Service professionals will learn about traditional as well as more recently discovered practices for healing trauma. Many of these are now accepted by the scientific community but many remain unacknowledged – not because they are ineffective, but because the scientific community has not yet caught up.

Workshops

Neuroscience & Havening Techniques®
Harnessing the power of neuroplasticity, along with the Havening Techniques, to create sustainable healing.

Dance from the Heart
Creative movement for healing and transformation.

Resilience Toolkit
Movement practices to promote embodied self-awareness, nervous system, and emotional regulation.

Connecting to the Earth
Healing through agriculture in the Cambodian community.

Yoga for Trauma Recovery
Tools for anyone working with families impacted by toxic stress, and for personal health and wellbeing.

Speakers

Emotional Freedom Techniques
Victor Lee Lewis

Neurofeedback
Carol Kelson

Eye Movement Desensitization and Reprocessing
Ana Gomez

Also featuring

Indigenous Wisdom
Healing Historical Trauma
former Viejas Tribal Chairman,
Dr. Anthony Pico

Wrestling Ghosts
A mother’s journey through trauma and recovery

Gut Health
Renaldo Wilson

The conference will be held at The California Endowment, 1000 N. Alameda St., Los Angeles, CA 90012

More information at www.echotraining.org/conference