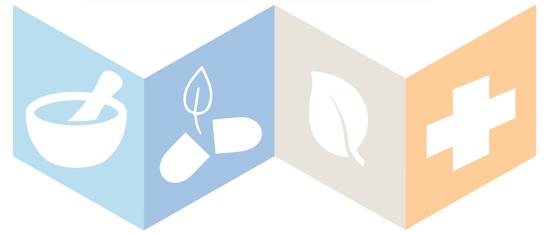


2019 Annual Conference

March 18 & 19, 2019 | 9 am - 4:30 pm
Los Angeles



Trauma Recovery Community Evidenced Practices



Service professionals will learn about traditional as well as more recently discovered practices for healing trauma. Many of these are now accepted by the scientific community but many remain unacknowledged – not because they are ineffective, but because the scientific community has not yet caught up.



Emotional Freedom Techniques
Victor Lee Lewis

Speakers



Eye Movement Desensitization and Reprocessing
Ana Gomez



Neurofeedback
Carol Kelson

Also featuring

**Indigenous Wisdom
Healing Historical Trauma**

former Viejas Tribal Chairman,
Dr. Anthony Pico



Wrestling Ghosts

A mother's journey through
trauma and recovery

Gut Health

Renaldo Wilson

Workshops

Neuroscience & Havening Techniques®

Harnessing the power of neuroplasticity, along with the Havening Techniques, to create sustainable healing.

Dance from the Heart

Creative movement for healing and transformation.

Resilience Toolkit

Movement practices to promote embodied self-awareness, nervous system, and emotional regulation.

Connecting to the Earth

Healing through agriculture in the Cambodian community.

Yoga for Trauma Recovery

Tools for anyone working with families impacted by toxic stress, and for personal health and wellbeing.

The conference will be held at The California Endowment, 1000 N. Alameda St., Los Angeles, CA 90012

More information at www.echotraining.org/conference