

# Advanced Trauma & Resiliency Training



January 15, 2019 | 9:00 am - 4:30 pm



**Following on from the successful Trauma & Resiliency Training, Echo brings you a second, more advanced training to continue the exploration of trauma.**

This is a chance for you to deepen your knowledge about trauma, resilience and post-traumatic growth. We will examine the impact of toxic stress on child development and dive deeper

into the science behind how the brain and body responds to trauma. You will also have an opportunity to learn how to create the conditions that foster resilience and post-traumatic growth.

## **This training will cover:**

- Different types of trauma
- The effect of trauma on relationships, the body and the brain
- Survival responses
- Adverse Childhood Experiences Study
- Emotional regulation strategies
- Tools for empathetic connection
- Trauma-informed care

***Bundle Pricing: Attend Trauma & Resiliency Training on October 9, 2018 and Advanced Trauma & Resiliency Training on January 15, 2019 for \$150!***

## **Fees**

Early Bird \$95, Standard \$125

Group fee is \$75 per person, there is a minimum of 3 people to qualify  
Partial scholarships available, visit our website for details

## **Time & Location**

9:00 am - 4:30 pm, registration starts at 8:30 am

The California Endowment, 1000 N. Alameda St., Los Angeles, CA 90012  
Free parking is available at The California Endowment

## **Continuing Education**

For each training, 6 CE credits are available for an additional \$30.

Echo is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for MFTs, LCSWs, LEPs, and LPCCs. Echo maintains responsibility for all programs and their content.

**For additional requests, accommodations, questions, or grievances about this training contact us at [training@echotraining.org](mailto:training@echotraining.org) or (213) 484-6676**