Parenting and Racial Trauma

A lecture by author of *Beating Black Kids*, Asadah

Parenting and Racial Trauma

designed to shed light on society's responsibility for and connection to "racism induced" parenting.

Why is violence toward children a cultural norm in America?

- What are the origins of this racial trauma?
- What exactly happened?
- What evolved from this?
- How do these past practices permeate society today?
- How can the vicious cycle be lessened and eradicated?
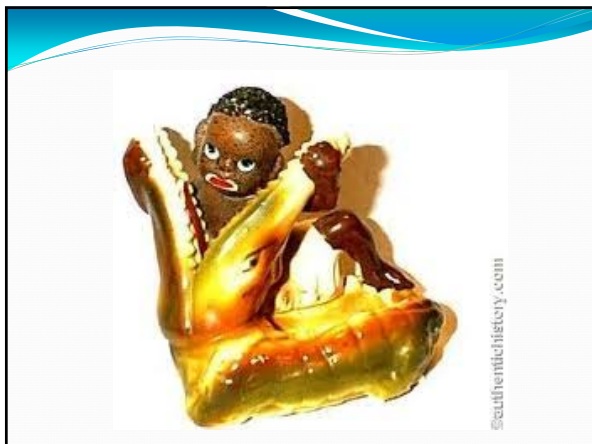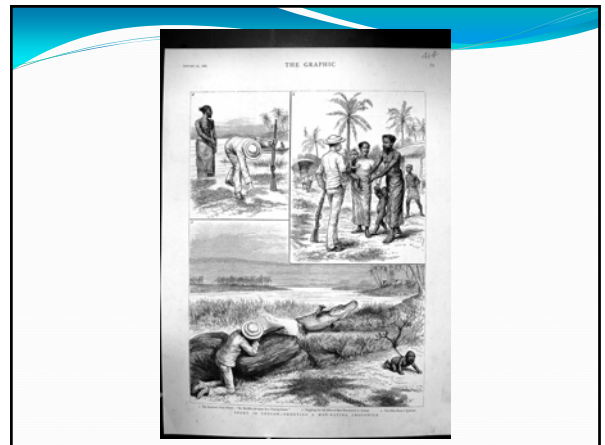
Traditional African Diasporic Parenting
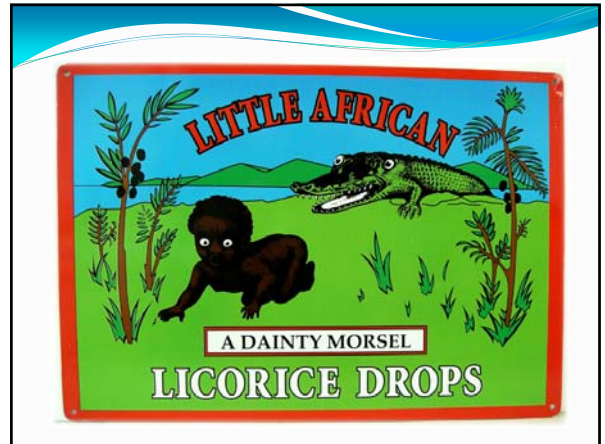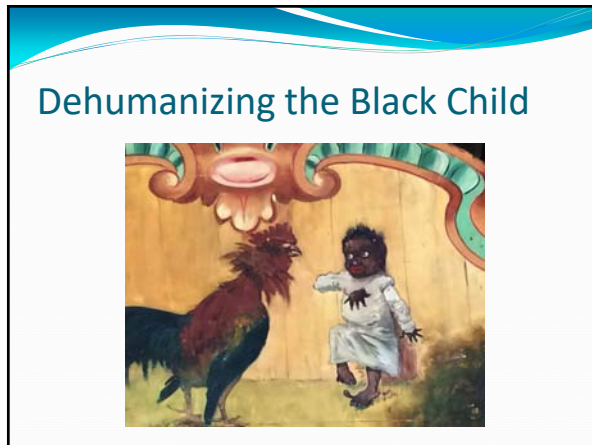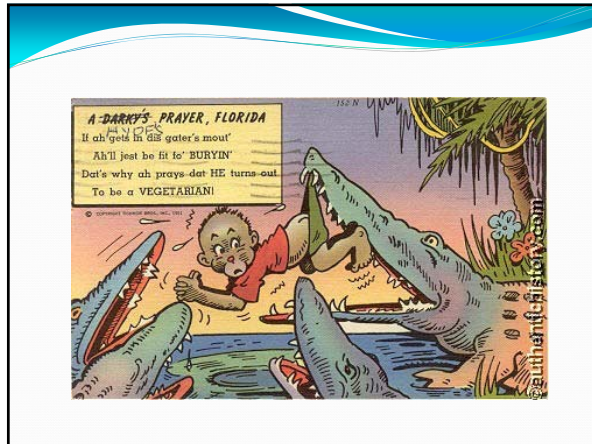

Black Parenting Today

What Changed?

- Dehumanizing the Black Child

- Confusion caused by the slavery experience

- Violence as "Protection" – Beloved Syndrome

pencil holder

Black children fed to alligators as bait

Dehumanizing the Black Child

Black children always depicted playing with animals

Black children always depicted playing with wild animals

Black children always depicted playing with wild animals

Black children always depicted playing with wild animals

We turned out F.I.N.E.
- **F**ailing
- **I**ndefinitely
- **N**ever
- **E**merging

Getting parents to change:

- 1. Help them find aspects to admire in their children

- 2. Have then recall what was done to them and how it felt

- 3. Work with them to develop legacies for their families