

## **The New School Epidemic: Addressing "Dysregulation" Part I & II**

Dysregulation (atrophy and disturbance in the brain and nervous system development) of school students, is now recognized as the number one reason why school trajectories (e.g., positive school performance and discipline problems) have not improved since the 1960's. This workshop provides a high quality, multi-theoretical program that combines neuro-physiological science, trauma informed care, attachment research and positive youth psychology in addressing this issue. John builds the framework to bring in a resiliency and wellness approach for your school and gives critical insight for professionals working with vulnerable student populations. Video footage of John's pilot school programs will be presented along with case reviews of the hardest to reach students.

**John Micsak**, MA, CTC, is a certified trauma consultant and accredited member with the National Institute for Trauma and Loss in Children (TLC). Mr. Micsak was selected as TLC's 2009 Consultant of the Year. John has gained national recognition in *Psychology Today* for his resiliency outreach programs. John frequently acts as a liaison and consultant to schools, families, mental health and legal organizations providing the latest approaches from neuro-physiological research and traumatology. John has authored a brain based and wellness training manual for schools and has several successful schools using his program throughout the Midwest.