



Trauma-Informed Nonviolent Child Raising Training & Certification Course (TCC)

Echo Parenting & Education is now accepting applications for the 2015-2016 Trauma-Informed Nonviolent Child Raising Training and Certification Course (TCC). This course is designed to provide in-depth training in the nonviolent approach to child raising as well as an introduction to the emerging and rapidly evolving field of developmental trauma. The two-part course comprises a 100-hour theoretical overview, followed by a practicum. Upon successful completion of the practicum, participants will be certified as an Echo Parenting & Education Parent Educator.

Part One - Theoretical Overview of Nonviolent Child Raising and Developmental Trauma: A 100-hour intensive course of study led by Ruth Beaglehole (founder and former Executive Director of Echo Parenting & Education) to review the principles and practices of nonviolent child raising and the research that informs it. In an alive, creative, and dynamic learning environment participants will be immersed in the philosophical underpinnings and pedagogical framework for teaching parent education in multiple settings. This will be the second year of incorporating a trauma curriculum, which covers the neurobiology of trauma, identifying trauma responses and symptoms, regulation strategies, and trauma recovery.

Part Two - Practicum: An eight-week practicum for participants who have completed the first part of TCC and wish to become certified in the Echo Parenting & Education nonviolent parenting curriculum. The main goal of the practicum is to provide opportunities to practice teaching with supervision from Ruth and Echo staff who will provide feedback and support to facilitate development of skills. Participation in the practicum does not guarantee certification. Certification will be determined on an individual basis during the practicum.

Requirements: Applicants must have completed at least one series of Echo Parenting & Education's Nonviolent Parenting Classes. If you have not completed a series, please contact the Program Manager to discuss options. Acceptance into TCC is based on a completed application plus a face to face interview with Echo staff.

Dates: Attendance at all sessions is mandatory. If you have a conflict or emergency, contact the Program Manager. Class will meet every three weeks for one weekend over six weeks starting September 16, 2015 and ending January 10, 2016. Class is held on Saturdays and Sundays, from 9:30am to 5:00pm.

Orientation: *Wednesday, September 16, 2015, 6pm to 8:30pm; 1000 W Sunset Blvd. Ste. 201, LA 90012*

Part One: September 26th & 27th, 2015
October 10th & 11th, 2015
October 24th & 25th, 2015
November 14th, & 15th, 2015
December 12th & 13th, 2015
January 9th & 10th, 2016
Graduation: Sunday, January 10, 2016

Location: Echo Park Garden Gallery, 1858 ½ Echo Park Ave, Los Angeles, CA 90026

Part Two: Dates to be determined



TCC Recommended Reading List.

Titles marked with () are required reading before or during the training course.*

Nonviolent Parenting Curriculum (given to all participants in the training program)

*Parenting for a Peaceful World by Robin Grille

*Parenting from the Inside Out by Daniel Siegel and Mary Hartzell

Whole Brain Child by Daniel Siegel

No Drama No Discipline by Daniel Siegel

Unconditional Parenting by Alfie Kohn

Playful Parenting by Leonard Cohen

Beyond Consequences, Logic and Control (Vol 1 & Vol 2) by Heather Forbes

Helping Billy Heather Forbes

*Trauma and Recovery by Judith Herman

*The Body Keeps the Score by Bessel van der Kolk

Echo Parenting & Education has several of these books for purchase. You can also find these books at Amazon.com or ask your local bookstore to order them for you.

Additional articles will be given to you in class. This will be supplemental reading to be done on your own time.

Program Fees

Part One - Theoretical Overview: \$2,500 (does not include materials fee)

Part Two – Practicum: \$750

Payment Options:

Your plan must be decided no later than September 16, 2015

- Option A: \$2,250 (10% discount) paid on or before September 16, 2015
- Option B: \$2,500 paid on or before October 1, 2015
- Option C: 10-month payment plan (September 2015 to June 2016) \$2,500 with add'l \$100 finance fee, total payment of \$2,600

Payment plans must be selected on or before September 16, 2015. If payment has not been received by October 1, 2015, a late fee of \$100 will be charged. Tuition fees are non-refundable.

A limited number of partial scholarships are available. Please contact the Program Manager for a scholarship application.

Application Deadline: July 31, 2015

Please email application to glinares@echoparenting.org

Or mail to Echo Parenting & Education, PO Box 26938, Los Angeles, CA 90026

Interviews will begin to be scheduled in August. If you have any questions, please contact the Program Manager.

Program Manager: Glenda Linares, (213) 484-6676 x310, glinares@echoparenting.org



**Trauma-Informed Nonviolent Child Raising
Training & Certification Course (TCC)
Application Form**

Name: _____

Address: _____

Home Phone: _____ **Cell Phone:** _____

Email: _____ **Best Method of Contact:** _____

Echo Parenting & Education is required to submit reports to our funders on a periodic basis. Your voluntary submission of this information will assist us in the preparation of these reports. This information will be used for statistical purposes only and will not affect the status of your application to the TINCR Training & Certification Course.

Gender: Female Male _____ **Age:** _____

Ethnicity/Race (please check all that apply):

- Asian Black/African American Latina/o Pacific Islander
- Middle Eastern White Other: _____

Profession: _____

Are you currently employed? Y N **Employer:** _____

Are you participating in the TCC training to help you find employment? Y N

Name(s) and age(s) of children:

Highest level of education attained: _____

Other trainings, certificate programs, etc:



Please describe your involvement with Echo Parenting & Education and nonviolent parenting:

Payment Plan* (please see plan details on TCC information sheet):

- Option A:** \$2,250 (10% discount) paid on or before September 16, 2015
- Option B:** \$2,500 paid on or before October 1, 2015
- Option C:** \$2,600 10-month payment plan

**Changes can be made to your payment plan selection until September 16, 2015*

Please submit the following documents with your application:

1. Resume

2. Letter of Support

Please ask someone in your life to write a letter of support for your participation in this training. Ideally this would be a person who has had experience with you as a parent, teacher, counselor, or is familiar with your interest in nonviolent parenting.

3. Essay

Please write about what has lead you to want to participate in this training at this time in your life. Include what you hope to gain from this experience and any concerns or challenges you feel may be involved in the process. Please do not exceed three pages of writing. (500 word limit)

4. Scholarship Application (if applicable)