

How to Talk about Sexuality without Shame

With Ruth Beaglehole



SUPPORT HEALTHY SEXUALITY AND
BODY IMAGE WITHIN A PRACTICE OF
NONVIOLENCE

Talking about sexuality with children is an essential part of parenting. We want our children to have a healthy attitude about their bodies and their sexuality, as well as have the skills for successful relationships.

Answering children's questions about bodies and sex can sometimes bring up our own feelings of shame, embarrassment, and confusion. Maybe we don't have the information they need, or our own histories trigger emotions that can get in the way of a meaningful discussion.

In this class, Ruth Beaglehole will help parents and professionals build the skills they need to address and respond to these topics confidently while providing a safe and empathetic environment for children to share their thoughts and questions.

Saturday
November 7, 2015
1:30pm-4:30pm

Fee: \$75 per individual
\$125 per couple

Location: 1226 N. Alvarado St.
Los Angeles, 90026

Register Online at:
www.echoparenting.org
Click on Special Topics Workshops
under Parenting Programs

or

contact Kim Pesenti at
(213) 484-6676 ext. 319
kpesenti@echoparenting.org

Seating is limited.

Prearranged childcare available
upon request.