

FREE!

# PIZZA & PARENTING

January 14, 2014 7-9pm



A NEW  
PARADIGM FOR  
RAISING  
CHILDREN

FREE EVENT at the Art  
Zone in Hermosa Beach  
1102 Aviation Blvd #A  
Hermosa Beach, CA  
Tues, January 14, 2014  
7:00pm-9:00pm

To RSVP or for more  
information please call  
Laura Krug at  
310.318.6011 or  
Azucena Ortiz at  
213.484.6676 ext 311 or  
aortiz@echoparenting.org

Parenting is one of the most creative and exhausting uses of your entire mind. Join us to hear about new strategies for connection, regulation and peace with your child, family and self!

Learn about the latest findings on brain development and how empathy based practices in parenting supports optimal brain growth!

Pizza and salad will be served. We are sorry but due to space limitations, we are not able to provide child care for the evening.

Learn more at [echoparenting.org](http://echoparenting.org)



**ECHO PARENTING & EDUCATION**  
RAISING CHILDREN WITH CARE. RAISING CHILDREN TO CARE.

Formerly the Center for Nonviolent Education and Parenting