



# WEEKEND INTENSIVE OUR TEN WEEK CURRICULUM IN TWO DAYS

**A NEW PARADIGM  
FOR RAISING CHILDREN  
THROUGH COMPASSION  
AND EMPATHY**



Join us in learning new strategies for connection, regulation and deepening the relationship between you and your child.

In this twelve hour intensive you'll experience an approach to raising children that is based on the latest research about brain and child development, as well as the effects of childhood toxic stress. Discover how nonviolent communication can help deepen your relationship with your child so that they may experience improved learning, better relationships and long-term health and wellbeing.

Content includes:

- How childhood toxic stress and generational trauma affect the body and brain
- Building resiliency
- Effective strategies for emotional regulation (for the child and the adult!)
- Developing emotional intelligence and becoming an emotional coach
- Communicating and staying connected when there is conflict
- Setting clear, respectful limits

**Saturdays  
May 6 & 13, 2017  
9am - 4pm**

Fee:

\$250 per person  
\$380 per couple

Location:

1226 N. Alvarado St.  
Los Angeles, CA 90026

Register online at:  
[echoparenting.org](http://echoparenting.org)

Click on Weekend Intensive  
under Parenting Programs.

For questions, contact  
Dominique Sanchez at  
(213) 484-6676 ext. 319 or  
[dsanchez@echoparenting.org](mailto:dsanchez@echoparenting.org).

Registration deadline May 1<sup>st</sup>

Child care is not available  
for this class.