

# PARENTING CLASS SERIES

Saturday Mornings: Aug 10 - Oct 19, 2013

Spanish 9:00am - 10:45am // English 11:00 am - 12:45 pm

A NEW  
PARADIGM  
FOR RAISING  
CHILDREN

Classes are held at:

501 Bixel Street

Los Angeles, 90017

(Building & parking entrance  
on 5th Street.)

## Registration Required for New Participants

**Registration Fee:** \$25, please call  
or register on our website.

**Class Fee:** On a sliding scale.

\$10-\$30 (individual)

\$15-\$45 (couple)

**No one is turned away for lack  
of funds!**

Child care included, please call to  
reserve your space.

*Court/Agency referred, please contact  
us for more information.*



Parenting is one of the most creative and exhausting uses of your entire mind. Join with us to learn new strategies for connection, regulation and peace with your child, family and self!

In this ten session class, we'll introduce a philosophy and practice of parenting based on the latest research about brain and child development that promotes life-long connections and learning.

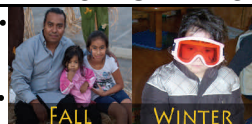
Through discussion groups, theory, role playing, and specific problem solving, we will:

- \* Learn to set clear and respectful boundaries
- \* Explore ourselves and our children through a lens of empathy and understanding.
- \* Identify strategies & tools that will help you successfully create the parenting relationship you want with your child.

Every parent and every child has experienced deep feelings of frustration and anger. *You are not alone!*

## NEXT SATURDAY SERIES

Sept 21 - Nov 23



Dec 7- Jan 11, 2014

 **ECHO PARENTING  
& EDUCATION**

Formerly the Center for Nonviolent Education and Parenting

(213) 484-6676 | [echoparenting.org](http://echoparenting.org)